

# find the right care

## UNDERSTANDING YOUR CARE OPTIONS

WWW.FINDTHERIGHTCARE.ORG



### PRIMARY CARE PHYSICIAN (\$\$)

Typical wait time: **10** calendar days / some same day availability

- Routine checkups
- Annual physicals
- Immunizations
- General health management
- Preventive services

**Skip the ER and save enough \$ to buy:**  
**810** Starbucks Small Coffees

Typical cost  
**\$50-\$200**



### VIRTUAL VISIT (\$)

Typical wait time: **15** minutes

- Allergies
- Sinus issues
- Bladder infections
- Mild cough or cold
- Flu
- Bronchitis
- Stomach ache
- Diarrhea
- Mild fever
- Pink eye
- Rash
- Sore throat

**Skip the ER and save enough \$ to buy:**  
**1018** Dunkin Donut Small Coffees

Typical cost  
**\$40-\$80**



### RETAIL CLINIC (\$\$)

Typical wait time: **15 to 20** minutes

- Allergies
- Common infections (i.e. sinus, ear, strep throat, urinary tract)
- Minor skin conditions (i.e. poison ivy)
- Minor injuries
- Ear and throat aches
- Skin conditions and rashes
- Pink eye

**Skip the ER and save enough \$ to buy:**  
**1006** Seattle's Best Small Coffees

Typical cost  
**\$20-\$100**



### URGENT CARE (\$\$\$)

Typical wait time: **15** minutes

- Minor infections
- Animal and insect bites
- Severe asthma
- Mild vomiting
- Diarrhea
- Minor burns or cuts
- Sprains, strains and minor fractures

**Skip the ER and save enough \$ to buy:**  
**1018** Dunkin Donut Small Coffees

Typical cost  
**\$70-\$200**



### EMERGENCY ROOM (\$\$\$\$)

Typical wait time: **30+** minutes

- Severe pain, especially in the chest or upper abdomen
- Uncontrollable bleeding
- Difficulty breathing, speaking or walking
- Sudden change in vision or weakness
- Severe head injury
- Severe trauma or serious musculoskeletal injuries
- Suicidal or homicidal feelings
- Poisoning
- Major burns
- Spinal injury
- Fainting / dizziness

Typical cost  
**\$1700**



### URGENCY CENTER (\$\$\$\$\$)

Typical wait time: **30+** minutes

A newer care option, these freestanding emergency rooms can often cause confusion.

After all, their name is similar to urgent care and they offer many of the same services as hospital-based emergency rooms. But there is a big difference.

**An urgency center is more expensive than an urgent care or traditional ER. It also requires you to be transported if you need extensive care.**

Typical cost  
**\$2200**



This information is not intended to constitute the practice of medicine. It should not be construed as recommending a particular medical facility, for any specific illness. See your medical providers to advise you regarding your particular medical conditions.